

Setting the Standard for Local Health Care with a Team of Compassionate Professionals Who are Focused on Clinical Excellence and Customer Service.



**Making a \$4.5 Million Difference
in Our Community**

Community Benefit in Action

Surgery Patient Reminds Us to 'Keep the Faith' ~ Submitted by Mark Thurman, Kewanee Resident

I'm going to shed as much light as possible on my recent medical experience. Remember, we as individuals know our bodies better than anyone else. Twice since the age of 22, I've had colon checks. Both doctors explained that my colon was very good and that I would live a long time.

About six years ago, I started going through a series of stressful times. It all started in about 2004, and by 2007 my regular bodily functions were no longer working well. This went on for over two years or more.

The morning I met Dr. Congreve, General Surgeon in Kewanee Hospital's Family Health Clinic, I instantly knew he was the right surgeon for me. You know what I mean...when you just know. He told me the damage was in the best possible place for repair and I was admitted to Kewanee Hospital for surgery.

Dr. Congreve took great care of me, and he has done a fantastic job for our community. He has been appointed Chief of Staff at Kewanee Hospital. This guy is the real deal, everybody. Now is the time to embrace an individual who is trying to make a difference in our town.

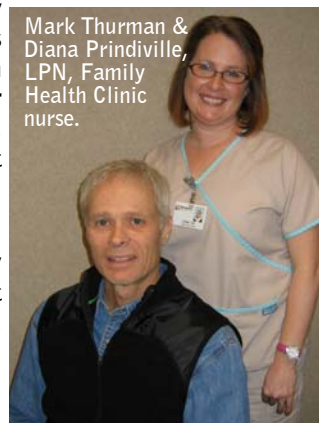
"Even though I had no insurance, and did not believe I could qualify for financial assistance, I should have made myself go to the doctor."
Mark Thurman, Kewanee, Illinois

As it turns out, I had developed an infection from a bad section in my colon. My colon was leaking bacterial contaminants into my system, causing these symptoms. The worst part about it all...I knew better than to NOT go to the doctor. Even though I had no insurance, and did not believe I could qualify for financial assistance, I should've made myself go to the doctor. With no health insurance, and zero help from the government for unemployed people, I decided I would wait and see if it went away. It did not.

On the evening of March 8, 2010, I had an agonizing, unbearable attack of pain below the abdominal wall. As it turns out, I had diverticulitis in the sigmoid part of the intestine, which had now perforated...uh oh!

I am asking from the bottom of my heart that you embrace this man, this doctor. One of the best hospitals in Illinois is about to evolve if he has our support. I hope I have enlightened you, the readers, at least a little. Don't forget...we have a fabulous General Surgeon right here in Kewanee.

I have a couple surgeries for my surgeon, Dr. Congreve, yet to do. I just have to ask. Thank you for tuning in. Keep the faith.



Mark Thurman & Diana Prindiville, LPN, Family Health Clinic nurse.

Food Pantry Donation

Kewanee Hospital (KH) recently competed in an annual food drive competition with other area hospitals. Kewanee Hospital placed first, with employees donating 1,581 pounds of food products for Kewanee's Food Pantry.

The KH Departments collecting the most pounds were Plant Operations, Family Health Clinic, Rehabilitation Services, and project coordinator (in purple) Carol Ryan from Human Resources.



Kewanee Hospital Practices Disaster Preparedness

Kewanee Hospital is a leader in local efforts for disaster—as evidenced during the H1N1 pandemic of 2009, and more recently during a severe 2-day winter weather event.

In February 2011, the largest snowfall in over a decade hit our area. Kewanee Hospital was prepared with plans for staffing, snow removal, food, fuel, etc. throughout the event. As a result of thorough planning & preparation, patients were well-cared for and daily operations continued.



Q. What can you do to ensure the availability of health care services in our community?

A. Use Kewanee Hospital services and partner with us in promoting our mission "to improve the health and care of those we serve."



Stewardship of Our Earth



Kewanee Hospital believes in being a good steward to our community and setting the standard for environmental awareness. In 2010 we were able to:

- Reduce overall paper usage.
- Reduce paper, plastic and aluminum going into the landfill through a facility-wide recycling initiative.
 - In 2010 Kewanee Hospital saved **237** trees and **97,580 gallons** of water through its recycling program.
- Eliminate all Styrofoam products in the Café and replace them with biodegradable options.
- Decrease paper usage in the Café through a "green" tax on to-go orders.
- Transition many chemicals to Earth-friendly alternatives.
- Decrease overall energy usage by:
 - Changing types of light bulbs used.
 - Scaling back temperatures in non-patient areas during non-business hours.

Kewanee Hospital continues the Green Initiative into 2011 to further do our part in preserving our environment. We encourage other area organizations to join us and help reduce our carbon footprint.

Our Impact on the Economy

Kewanee Hospital is a critical mainstay for the local and state economy and jobs, providing stability and growth during times of recession. According to a recent report, Kewanee Hospital employs 243 people, resulting in 180 additional jobs for the community; and generates a total annual impact of \$47.4 million on the local economy. The report, What's at Stake: Kewanee Hospital: Our Impact on the Economy and Our Community, was developed in conjunction with the Illinois Hospital Association.

Among the report's key findings:

- Kewanee Hospital's Total Annual Economic Impact is **\$47,376,000**.
- Kewanee Hospital employs 243 people, expending **\$10,856,000** a year on payroll and generating \$21.1 million in economic activity in the community;
- Kewanee Hospital spends **\$12,631,000** on goods and services, resulting in **\$24.6** million in spending in the local economy;
- Kewanee Hospital invests **\$844,000** in capital improvements to enhance and update facilities and major medical equipment, generating \$1.6 million in economic activity for the local economy.

Kewanee Hospital is not a taxing body and receives no revenue from taxing the public. To maintain its services, it relies on funding from its operations and from charitable donations.

Community Benefit.. Making a \$4.5 Million Difference

Kewanee Hospital continues our commitment to the communities we serve. Our mission, *to improve the health and care of those we serve*, is ever in the forefront as we look for new ways to benefit our community and ensure local access to quality healthcare services.

We knew 2010 was a rough year for many of our patients and we responded, increasing the amount of charity care provided, and reaching out to patients in need. We appreciate the support of our community and returned that support in 2010 with over \$4.5 million in subsidized care, services and time.

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| Charity Care | \$ 587,752 |
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Services provided to patients in need of financial assistance at greatly reduced rates or free of charge.

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| Health Care Programs for those in Need | \$2,269,941 |
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Unreimbursed cost of Medicaid and other Federal, State and Local programs for the poor.

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| Unpaid Medical Expenses | \$1,269,472 |
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Services provided for which payment was expected but not received from the patient.

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| Free Health Services, Education | \$ 194,743 |
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Community activities and education subsidized by the hospital, including health screenings, wellness and prevention programs, physicals, etc.

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| Hospital Sponsored Volunteer Services | \$ 121,539 |
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Participation by hospital employees in community organizations. *Kiwanis, Rotary, Big Brothers/Sisters, Junior Achievement, Salvation Army, etc.*

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| Language Services | \$ 34,230 |
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The cost of language translation services is provided at no charge to patients to ensure all patients are able to communicate with their caregivers.

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| Benefit to our Community in 2010 | \$4,477,677 |
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Kewanee Hospital is a not-for-profit 501(c)3 charitable organization governed by a volunteer board of trustees. Needed healthcare services are provided regardless of the patients' ability to pay. If you are in need of financial assistance or feel you may qualify for charity care, contact our financial counselors at 309.852.7765.

**All values are reported at the actual cost to Kewanee Hospital in 2010.*

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Visit us on the web at www.kewaneehospital.com!

Kewanee Hospital Leads *'the EDGE'* on Wellness

Providing a healthy environment and leading healthy lifestyles is our business. Setting the example for our community is an important goal for Kewanee Hospital. In 2010 the Hospital began its wellness endeavor and started a Wellness Committee with a goal to increase the health and wellbeing of staff members and their families.

Individuals who live a healthy balanced life (participate in regular physical activity, eat a nutritious diet, get a healthy amount of sleep, manage stress levels, and limit or omit alcohol consumption) are more productive at work and have less sick days than their counterparts. Most importantly, they are able to increase quality time with their family and friends.

A 'Know Your Numbers' program was started and staff members were provided free testing including Body Mass Index (BMI), Blood Glucose, Blood Pressure and Cholesterol. Employees whose results fell into warning categories were offered a free visit to the Family Health Clinic to discuss test results with Family Nurse Practitioners Melinda Shimmin or Kay Kinsella.

Employees are provided the opportunity to retest at 6-month intervals to measure their progress. In the first 6months, participating staff showed marked improvement in all categories.



Kim Becker, PTA leads KH staff members Cindy Jacobs, Mary Gordon and Michele Daniel through a "boot camp" fitness program in the Hospital's Fitness Center.

At the suggestion of the Wellness Committee, Nutrition Services revamped the menu options in the Café; bacon, donuts and oversized desserts were replaced with healthy good-tasting alternatives. The Wellness Committee started a weight loss contest which resulted in participation of 84 staff members for total pounds lost of 750.

Staff members were offered free sessions with a personal trainer to map out their exercise program. During off-work hours you will now find many employees using the fitness facilities or walking around the parking lot to fit activity into their schedules. Off hours fitness facilities and wellness opportunities are provided as a free benefit to employees.

In December, the Hospital sponsored a free Smoking Cessation program for both community and staff. Support groups, discounted prescriptions, and information have been provided to a returning group of individuals who are committed to kicking the habit for good.

In 2011 the Wellness Committee continues the emphasis with a Wellness Revolution where participants are able to compete on weight loss, fat loss, or on overall fitness level. The wellness endeavor will be expanded over the next year to include disease management, stress reduction and family involvement. If your organization is interested in getting *the Edge*, call KH Rehab Services at 309-852-7931.