

give the gift of comfort & joy

This holiday season give a Gift Certificate for a relaxing massage from Liz Jones, Massage Therapist at Kewanee Hospital Rehabilitation Services. Available therapies range from 30 - 90 minutes and include:

Swedish ~ Friction techniques on superficial muscle layers. Perfect for overall relaxation.

Deep Tissue ~ Helps with tension in the body. Focuses on the deeper layers of muscle tissue using slow strokes and deep pressure.

Hot Stone Massage ~ Smooth stones glide over the skin, warming the muscles...a unique and comforting form of relaxation. The benefits include deep muscle and tissue relaxation, releasing toxins and calming the psyche.

Cold Stone Massage ~ Essential Oil (aromatherapy) alleviates headache triggers, while the cold stone application decreases inflammation and swelling.



To purchase a Gift Certificate stop by Rehabilitation Services or call:
1051 W. South Street • Kewanee, Illinois 61443 • 309-852-7931



 **Kewanee**
HOSPITAL
MASSAGE THERAPY